Mentoring for researchers
(in academia & beyond)
I will talk about...

1. What is Mentoring and why can it help you

2. How to find mentor(s)

3. How to build sustainable relationships as a mentor or mentee

Interview with Makrina & Pankaj
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Interview with Makrina & Pankaj
Mentoring

Transfer of Social & Cultural Capital

Informal/ gatekeeper knowledge

Insider knowledge
Steps of a Career Strategy

**MESSAGE:** What do I want to convey to whom?

**POSITIONING:** What am I good at and what do I want?

**VISIBILITY:** How can I make myself seen by the right people?

Building a strong **NETWORK**

Crafting a great **APPLICATION**
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Interview with Makrina & Pankaj
Take initiative

Hello?

Is it me you're looking for?
Create opportunities

- Your supervisors/peers/colleagues
- Informational Interviews
- Social Media
- Events
- Alumni groups
- Things you like outside your bubble
- AlumNode
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Interview with Makrina & Pankaj
Summary

- Understand what you want out of the relationship.
- Set expectations together in the very beginning.
- Take a genuine interest in your mentor/mentee as a person.
- Build trust. Know when to listen. Know when to give space.
- Know when to give advice.
- Don’t assume anything about your mentor/mentee – ask.
- Share your journey.
- Celebrate their achievements.
- Seek out resources to help your mentee grow. Help each other.
- Be sure you have the bandwidth.

https://blog.hubspot.com/marketing/mentor-tips-positive-impact
LinkedIn: Anne Schreiter
Twitter: @postacademia
Email: schreiter@gsonet.org

LinkedIn: German Scholars Organization
Twitter: @germanscholars
Relevant Links on AlumNode

About AlumNode MENTORING: https://alumnode.org/features/alumnode-mentoring/

Overview Mentors: https://alumnode.org/mentoring/mentor/

Become a Mentor / Mentee: https://alumnode.org/mentoring/status/

Adjust your AlumNode Profile: https://alumnode.org/addressbook/edit-profile

Netiquette / How-To activate MENTORING (PDF)